



Newcastle Grammar School
HILL CAMPUS

FEBRUARY CANTEN PRICE LIST 2008



NB: FREEZER LINES ARE SOLD AT LUNCHTIME ONLY

BREAKFAST MENU		PRICE	PRICE	FRESH SALAD BOWLS	PRICE
Variety of Cereal Bowls with Milk and a spoon		2.40		Salad	3.90
Variety of plain and flavoured Yoghurt Tubs		1.70		Ham or Chicken with Salad - (Diced Lettuce/ Tomato/Cucumber/Egg/Beetroot/Grated Carrot/Cheese and Alfalfa Sprouts) with fork	4.90
Fresh Fruit: Red & Green Apples, Oranges, Banana		70¢			
Fresh Juices: Orange, Apple,		1.60		EXTRA SALAD FILLINGS	Each
Variety Muffins		1.30		Beetroot, Lettuce, Cucumber, Carrot, Tomato	50¢
Sultanas, Apple & Sultanas, Apricots & Sultanas		70¢		Egg and Cheese	50¢
				Sauces: Tomato, BBQ, Mild Chilli, Mayonnaise	30¢
SANDWICHES & ROLLS		SAND- WHICHES	ROLLS		
Chicken and Salad		3.90	4.00	Vegemite Crust	30¢
Chicken – 97% Fat Free		3.10	3.20	Rice Crackers – 97% Fat Free	1.00
Salmon and Salad		3.90	4.00	Popcorn	1.00
Salmon or Tuna		3.10	4.00	Energy Bars	2.60
Salad (Lettuce, tomato, Cheese, Carrot)		2.90	3.00	Muesli Slice – 97% Fat Free	2.60
Ham		2.20	2.30	DRINKS & ICY POLES	
Ham and Salad		3.90	4.00	Big M – flavoured milk – chocolate & Strawberry	1.30
Egg		2.00	2.10	Fruit Juice Popper 100%	1.10
Curried Egg		2.00	2.30	Pure Spring Water	1.40
Egg and Lettuce		2.40	2.50	Fresh Orange Juice & Apple Juice	1.60
Cheese		2.00	2.10	Flavoured Mineral Water	1.60
Cheese and Lettuce		2.40	2.50	Flavoured Milk Big M, Vanilla Malt/Chocolate, Strawberry/Ice Coffee/Mocha 600ml	2.30
Tomato		2.00	2.10	Play Fruit Water (Large)	2.10
Banana		2.00	2.10	Play Fruit Water (Small)	1.60
Spaghetti		2.00	2.10	Fruit Juice Tubes	50¢
Vegemite		1.70	1.80	Mini – 99% Fat Free	60¢
Baked Beans		2.00	2.10	Orange, Apple (100%) Juice Cups (in Summer)	70¢
Plain Buttered or Multi Grain		70¢	70¢	Lemonade Icy Poles	80¢
HOT FOOD FOR LUNCHES MUST BE ORDERED BEFORE RECESS					
1 Chicken Chunk Small		50¢		Billabongs – Chocolate – 97% Fat Free	1.10
Corn Cob		1.00¢		Billabongs – Vanilla Choc – 97% Fat Free	1.10
Wing Thing or Chicken Wedge		70¢		Frozen Yoghurt in a Cup	1.50
Party Pie (Low Fat)		1.50		Frosty Fruit Tropical – 97% Fat Free	1.50
Sausage Roll (Low Fat)		1.50		HOT TOASTED SANDWICHES	
Spinach and Ricotta Roll		1.70		Ham /Cheese/ Tomato	3.20
1 Single Chicken Royale (Large)		1.60		Ham/Cheese	2.70
Large Pies (Low Fat)		2.10		Tomato/Cheese	2.70
Vegetable Roll		2.20		Cheese	2.20
Hot Dog		2.20		Baked Beans and Cheese	2.50
Hot Cheese Roll		2.20		Baked Beans	2.00
Pizza – Pineapple/Ham and Cheese		2.00			
Pizza – Rounda		2.00			
Mamee Noodles – Chicken or Beef		2.20			
Flavoured Pies: Curry/, Beef & Bacon & Cheese, Potato and Beef		2.40			
1 Large Chicken Royale on a Roll		2.50			
1 Large Chicken Royale on a Roll & Mayonnaise		2.80			
Lasagne Beef – 97% Fat Free		3.00			
Twista Pasta Bolognese Sauce – 97% Fat Free		3.00			
Macaroni and Cheese – 97% Fat Free		3.00			

PLEASE PUT LUNCH ORDER IN BEFORE RECESS
WITH LUNCH ORDER – PLEASE PUT NAME AND YEAR CLEARLY
ON BAG, IF CHANGE IS NEEDED IT WILL BE WRAPPED AND PUT
BACK INTO THE LUNCH ORDER BAG.

LUNCH ORDER BAGS CAN BE PURCHASED AT THE CANTEN
FOR 50c FOR 10 BAGS

