

# CANTEEN

The Friends of Newcastle Grammar School (The Association of Parents and Friends) operates the School Canteens at the Hill and Park Campuses. The canteens provide an essential service in not only feeding students and teachers but also provide valuable funding for extra School requests that are not covered by the school fees. The School bus, support of music, art and athletic groups and the provision of extra computers and pianos are but a few examples of monies given in the past.

In September 2002 the NSW Health Dept. held a Childhood Obesity Summit. As a consequence of recommendations emanating from that conference, the Friends are restructuring the NGS canteens in order to offer an improved choice of healthier, nutritious foods. If possible we would also like to offer a breakfast service at the Hill campus for those students who arrive at School early.

The Canteens each operate with one paid supervisor and the rest of the 'hard labour' is done by a very valued group of volunteers. Every year we lose some of these volunteers as their children complete their schooling. Hence we need your assistance!! Working as a volunteer in the Canteen is an excellent way of getting to know other parents, the teachers, and the School environment. We welcome any member or friend of the family who could help.

Please consider the following options and tick what you would find most convenient. You can, of course, tick more than one!!! Return the completed form to the Junior, Middle or Senior School Office.

## THANK YOU FOR YOUR VALUABLE ASSISTANCE

### I am able to assist in the School Canteen

**CAMPUS:**      Hill Campus / Park Campus

**NAME:** .....

**CHILD'S/CHILDREN'S NAME/NAMES:** .....

**CLASS:** ..... **CONTACT PHONE NO:** ..... **MOBILE NO:** .....

DAY	MON	TUES	WED	THUR	FRI	FOOD PREP	SERVE	F/PREP/ SERVE	BREAKFAST ONLY
One ½ day per year									
One day per year									
One ½ day per term									
One day per term									
One ½ day per month									
One day per month									
One ½ day per fortnight									
One day per fortnight									
One ½ day per week									
One day per week									

**SIGNED:** .....

**DATE:** .....